

Listen and solve approach

Stage 1 - Listen and solve code. Each child needs to agree to:

- ✓ be respectful
- ✓ take turns to speak

Stage 2 - Listen to both points of view. Each child says their viewpoint.



Stage 3 - Recognise feelings. Each child says, *"I feel... because..."*

Then they have the chance to say how they think the other person is feeling: *"I think...(other child's name) is feeling..."*

This is a crucial stage in the approach as it is the chance to say how it feels to be the other person. By naming it, a child starts to have empathy for another.

Stage 4 - Finding resolution. The children think of possible solutions that could make the situation better for them both.

Stage 5 - Repair.

The children choose a solution they're both happy with. They might shake hands, high five or play together again.

