

# Friendship dilemma cards



*Your friend invites  
two other friends  
to a sleep over but  
you aren't invited.  
How might you  
feel? What might  
you do?*

*Your friend seems  
to be ignoring you  
and you are not  
sure why. How do  
you feel? What  
might you do?*

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Your friend always puts you down saying they are better than you at different activities. You know some of that to be true as you aren't always confident, but it isn't always and it's making you feel uncomfortable. How do you feel? What do you do?

You are invited over for tea with a friend but while you are there your friend spends most of the time talking on her phone and playing a game with a group of other friends who you don't know. How do you feel? What might you do?

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You told your friend something in confidence and asked them not to tell anyone else but you find out they have told another friend. How do you feel? What do you do?

You always walk home with your best friend but recently they have started walking with two other friends as well. You like the others but miss the time with your best friend and don't seem to laugh together as much anymore. How do you feel? What do you do?