



# Champion Planning Journal

## Hamish & Milo Programme: My friends and me



Date/term of delivery

### What you will need

In addition to the sock puppet craft kit, the following resources are suggested for the My friends and me sessions.

Names of the children in the group

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Notes

Session	Resources and suggestions
Friendship is...	<ul style="list-style-type: none"><li>✓ A4 coloured card cut into triangles</li><li>✓ String</li><li>✓ Art materials e.g. pens, pencils, crayons, paints</li></ul>
Friendship magic	<ul style="list-style-type: none"><li>✓ Books: <i>My Best Friend</i> by Julie Fogliano, <i>A Friend for Henry</i> by Jenn Bailey, <i>The Snail and the Whale</i> by Julia Donaldson</li><li>✓ Small glass jars and labels with string</li><li>✓ Small items e.g. small sparkly gems, coloured sand, beads, foil or paper confetti, shells, glitter, cut up fabric etc.</li></ul>
When friendship hurts	<ul style="list-style-type: none"><li>✓ Sticky notes</li><li>✓ Art materials e.g. paper, pens, paints, pastels, crayons</li></ul>
I thought you were my friend!	<ul style="list-style-type: none"><li>✓ Paper and pens</li></ul>
Falling out and making up	<ul style="list-style-type: none"><li>✓ Book: <i>Enemy Pie</i> by Derek Munson</li><li>✓ Falling out and making up matrix</li></ul>
Changing friendships	<ul style="list-style-type: none"><li>✓ Book: <i>Evelyn Del Rey Is Moving Away</i> by Meg Medina or <i>Half A World Away</i> by Libby Gleeson</li><li>✓ Stones or pebbles (three per child), felt tip pens or paint</li></ul>
Make my stand!	<ul style="list-style-type: none"><li>✓ Paper, pens and pencils</li></ul>
Trust and communication	<ul style="list-style-type: none"><li>✓ Paper and pens</li><li>✓ A blindfold</li><li>✓ Natural obstacles depending on environment or hoops, chairs, tables and PE equipment</li></ul>
Celebration of friendship	<ul style="list-style-type: none"><li>✓ Fabric, felt or card squares (30x30cm)</li><li>✓ Fabric or felt tip pens</li><li>✓ Wooden rod and string</li></ul>
Token of friendship	<ul style="list-style-type: none"><li>✓ Art and craft materials e.g. coloured paper strips, card, tape felt tip pens, pencils, paints, scissors, glue, tape</li><li>✓ Token items e.g. coloured threads or wool, Fimo, pebbles, safety pins and craft key rings</li><li>✓ Biscuits, water and squash</li></ul>

You can download templates and handouts to print from the [Hub!](#)



You also have the Hamish & Milo wellbeing journals to give to each of the children and reward stickers!



# Session 1

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

# Session 2

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

## Session 3

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

## Session 4

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

## Session 5

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

## Session 6

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

# Session 7

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

# Session 8

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

## Session 9

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session

## Session 10

How do you feel...



Observations and comments about the session

What went well?

Points for development

Considerations for next session



# Champion Planning Journal

## Hamish & Milo Programme: My friends and me



General evaluation and impact of the programme

Next steps and recommendations for key children or future delivery

### Progress record

Refer to individual child wellbeing profile.

Child name	Individual child progress comment